

Cafeteria Hours

Monday through Friday:

7:00 a.m. to 6:30 p.m.

Serving Hours

Monday through Friday:

Breakfast - 7:00 a.m. - 10:00 a.m.

Lunch - 11:45 a.m. - 2:00 p.m.

Dinner - 5:00 p.m. - 6:30 p.m.



Saturdays, Sundays, Holidays:

Cafeteria & Serving Hours:

7:30 a.m. - 10:00 a.m.

11:45 a.m. - 1:30 p.m.

5:00 p.m. - 6:30 p.m.



Main Station Café ***SEPTEMBER Menu***



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SEPTEMBER 2019		Menu subject to change without notice	HC = Healthy Choice V = Vegetarian			
1 Stuffed Peppers Hamburger Gravy Mashed Potatoes Asparagus Vegetable Soup	2 Ratatouille (V)  Sunflower Cutlets Cauliflower Tomato Tortellini Soup (V) Mushroom Orzo Soup (V)	3 Stuffed Tomato (V) Chop Steak Dinner Chive Mashed Potatoes Peas Fire Roasted Veggie (V) Pork Pozole Soup	4 Lasagna (HC) Bratwurst/Kraut Scalloped Potatoes Mixed Vegetables Rosemary Chicken Soup Vegan Chili (V)	5 Egg Roll (V) Sweet/Sour Chicken (HC) Jasmine Rice Snap Peas Sweet Pepper Beef Soup Lumberjack Veggie (V)	6 Burger Quesadilla Veggie Cauliflower Pizza Roasted Redskins Green Beans Tomato Soup (V) Kickin' Crab Chowder	7 Tuna Melt Pork Wild Wings Buttered Noodles Peas Wild Rice Soup (V)
8 Open Face Turkey Baked Spaghetti (V) Mashed Potatoes Corn Split Pea Soup	9 Veggie Sausage Mac & Cheese (V) Stuffed Portobello (V) Garden Rice Corn Tomato Tortellini Soup (V) Smoky Poblano Cheese (V)	10 Tomato Mozz. Melt (V) Ham Loaf Sweet Potato Soufflé Roasted Brussel's Sprout Vegan Chili (V) Beef Noodle Soup	11 Grilled Bologna Fried Chicken Salad Ranch Fries Roasted Corn/Black Bean Rosemary Chicken Soup Cheesy Broccoli Soup (V)	12 Tacos Cheese Tortellini (V) Refried Beans Green Beans Sweet Pepper Beef Soup Cream of Potato (V)	13 Stuffed Pork Chop Beef Pepper Steak (HC) Brown Rice Yellow Squash Tomato Soup (V) Italian Wedding Soup	14 Monterey Chicken Stuffed Pepper Red Beans & Rice Zucchini Chicken Noodles Soup
15 Chipped Beef/ Toast Cabbage Roll (HC) Mashed Potatoes Green Beans Beef Barley Soup	16 Spaghetti Squash (V) Roasted Frank (V) Roasted Redskins Kyoto Blend Tomato Tortellini Soup (V) SW Black Bean (V)	17 Cabbage & Noodles (V) Roast Beef Croissant Escalloped Apples Mashed Potatoes Fire Roasted Veggie (V) Gumbo	18 SW Egg Bake (V) New Orleans Chicken White Rice Soybeans Rosemary Chicken Soup Corn Chowder (V)	19 Bellevue Chicken Club Salisbury Steak (HC) Mashed Cauliflower Turnip Greens Sweet Pepper Beef (V) Bourbon Steak Chili	20 Chicken Chz. Steak Fish Tacos Onion Rings Asparagus Tomato Soup (V) Wisconsin Cheese (V)	21 Pulled Pork Mac & Cheese (HC) Tater Tots Mixed Vegetables Ham & Bean Soup
22 Manicotti Country Fried Steak Mashed Redskins Broccoli Chicken Dumpling Soup	23 Cheese Enchilada (V) Eggplant Parmesan (V) Spanish Rice  Beets Tomato Tortellini Soup (V) Cream of Broccoli Soup (V)	24 Egg Salad Croissant (V) Beef & Noodles Wild Rice Peas Vegan Chili (V) Kale & Sausage Soup	25 Portobello & Swiss (V) Diamond Jim Butternut Squash Brussel's Sprout Rosemary Chicken Soup Mushroom Brie Soup (V)	26 Lasagna Rolls (V) Oven Fried Chicken Buttered Noodles Broccoli Sweet Pepper Beef Turkey Chili	27 Stuffed Shells (HC) (V) Chicken Fingers Orzo Pasta & Sauce Spinach Tomato Soup (V) Cheeseburger Chowder	28 Sweet Corn Bake (V) Pot Roast Mashed Potatoes Carrots Harvest Grain Soup
29 Swedish Meatballs Veggie Skewers (V) Buttered Noodles Peas 7 Bean Medley Soup (V)	30 Veggie Quesadilla (V) Portobello Pizza (V) Mashed Redskins Fried Green Beans Tomato Tortellini Soup (V) Black Bean Soup (V)					

Daily Grill Specials (Menu subject to change)

Mondays - Grilled Veggie Burger

Tuesdays - Grilled Chicken Sandwich

Wednesdays - Grilled Hamburger

Thursdays - Chili Cheese Dog

Fridays - Jumbo Grilled Cheese

Saturdays - Grilled Black Bean Burger

Sundays - Grilled Hamburger