

Cafeteria Hours
Monday through Friday:
7:00 a.m. to 6:30 p.m.

Serving Hours
Monday through Friday:
Breakfast - 7:00 a.m. - 10:00 a.m.
Lunch - 11:45 a.m. - 2:00 p.m.
Dinner - 5:00 p.m. - 6:30 p.m.



Main Station Café ***SEPTEMBER Menu***

Saturdays, Sundays & Holiday
Cafeteria Serving Hours:
Breakfast - 7:30 a.m. - 10:00 a.m.
Lunch - 11:45 a.m. - 1:30 p.m.
Dinner - Closed



September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Menu subject to change without notice V-Vegetarian GF - Gluten Free					1 Grilled Cheese (V) Breaded Pork Chop German Potato Salad Prince Charles Veggies Tomato Soup (V) Kickin' Crab Soup	2 Cabbage Roll Mashed Redskin Potatoes Broccoli Vegetable Beef Soup
3 Pulled Pork Au Gratin Potatoes Peas Beef Noodle Soup	4  Veggie Burger (V) Chili Cheese Dog Cheese Fries Green Beans Bourbon Steak Chili	5 Chicken Fingers Baked Spaghetti (V) Breadsticks Corn Chicken Noodle Soup California Medley Soup	6 French Bread Pizza Stuffed Portobello (V) Sweet Potatoes Cauliflower Sweet Pepper Beef Cream of Broccoli	7 Black Bean Burger (V) Beefy Mac & Cheese Escaloped Apples Spinach Mushroom Brie Soup (V) Vegetable Beef Soup	8 Grilled Cheese (V) Shredded Chicken Sandwich Sweet Potato Fries Butterbeans Tomato Soup (V) Cactus Chili	9 Salisbury Steak Mashed Redskin Potatoes Corn Ham and Bean Soup
10 Swedish Meatballs Buttered Noodles Green Beans Loaded Baked Potato Soup	11 Veggie Burger (V) Diamond Jim Butternut Squash Zucchini Black Bean Soup (V) Tuscan Bean Soup (GF)	12 Chicken Fingers Cabbage & Noodles (V) Sweet Corn Bake Roasted Asparagus Chicken Noodle Soup Smokey Poblano Soup (V)	13 Cauliflower Pizza (V) Chinese Pepper Steak White Rice Snap Peas Kale & Sausage Soup Sweet Pepper Beef Soup	14 Black Bean Burger (V) Wing Bar Baked Potato Garden Broccoli Vegetable Soup (V) Baja Chicken Soup	15 Grilled Cheese (V) Parmesan Tilapia Hush Puppies Corn Nuggets Tomato Soup (V) Shrimp Corn Chowder	16 Stuffed Pepper Spanish Rice Carrots Chicken Tortilla Soup
17 Escaloped Chicken & Noodles Mashed Potatoes Mixed Vegetables Stuffed Pepper Soup	18 Veggie Burger (V) Baked Roast Beef Croissant Sweet Corn Bake Baked Beans Black Bean Soup (V) Italian Wedding Soup	19 Chicken Fingers Artisan Mac & Cheese (V) Ranch Fries Brussel Sprouts Chicken Noodle Soup Chophouse Potato Soup	20 Buffalo Chicken Pizza Lasagna Roll Up (V) Baked Mozzarella Sticks Parisian Carrots Sweet Pepper Beef Soup Thai Chicken & Rice Soup	21 Black Bean Burger (V) Sweet Sour Chicken Jasmine Rice Snap Peas Vegetable Soup (V) Wisconsin Cheese Soup	22 Grilled Cheese (V) BBQ Riblet Sandwich Baked Tater Tots Green Beans Tomato Soup (V) Broccoli Cheese Soup	23 Lasagna Breadstick Garden Broccoli Corn Chowder 
24 Turkey Pot Roast Mashed Potatoes Baby Carrots Beef Barley Soup	25 Veggie Burger (V) Chicken Quesadilla Mexican Rice Roasted Black Beans /Corn Black Bean Soup (V) Baja Chicken Soup	26 Chicken Fingers Grilled PB & J (V) Escaloped Apples Yellow Waxed Beans Chicken Noodle Soup Minestrone Soup	27 Cheese Pizza (V) Potato Bar Mozzarella Sticks Broccoli Sweet Pepper Beef Pot Roast French Onion Soup	28 Black Bean Burger (V) Tomato Melt (V) Cheese Curds Mixed Vegetables Vegetable Soup (V) Mexican Street Corn Soup	29 Grilled Cheese (V) Meatloaf Mashed Potatoes Prince Charles Veggies Tomato Soup (V) Chili	30 Pork Egg Roll Fried Rice Snap Peas Chicken Dumpling Soup

Daily Grill Options: Hamburger and Grilled Chicken