



## Rehabilitation Services

# Relief from Muscle Pain - Trigger Point Dry Needling

The Bellevue Hospital Rehabilitation Services Department is now offering Trigger-Point Dry Needling as a treatment option for neuro-muscular pain. A licensed physical therapist uses microfilament needles to relax the trigger points of your chronic or acute pain.

**Benefits include:**

- Decreased pain
- Increased range of motion
- No use of chemicals
- No harsh side effects



**For an appointment call: 419.483.4040, Ext. 4279**

- Dry needling is a procedure that uses a thin, sterile filament needle inserted into a trigger point to stimulate recovery response in the muscle. Trigger points are knots that develop in the muscle when there is injury or fatigue.
- Designed for physical therapy patients that have chronic or acute pain as a treatment option.
- A licensed physical therapist, certified in dry needling will conduct the procedure. Treatments take 30-45 minutes.
- A physician referral is required.
- May be covered by your insurance.



**1400 West Main Street • Bellevue, Ohio 44811**