

**Cafeteria Hours**  
***Monday through Friday:***  
7:00 a.m. to 6:30 p.m.

**Serving Hours**  
***Monday through Friday:***  
Breakfast - 7:00 a.m. - 10:00 a.m.  
Lunch - 11:45 a.m. - 2:00 p.m.  
Dinner - 5:00 p.m. - 6:30 p.m.



**Saturdays, Sundays, Holidays:**

***Cafeteria & Serving Hours:***  
7:30 a.m. - 10:00 a.m.  
11:45 a.m. - 1:30 p.m.  
5:00 p.m. - 6:30 p.m.



***Main Station Café***  
***OCTOBER Menu***



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>October 2017</div>						
<b>1</b> Pierogies Polish Sausage w/ Peppers & Onions Mashed Potatoes Sauerkraut Split Pea	<b>2</b> Veggie Sub (V) Veggie Ravioli (V) Fingerling Potatoes Broccoli Tomato Tortellini Soup (V) Vegan Chili (V)	<b>3</b> Tomato Mozz. Melt (V) Steak Burrito Spanish Rice Black Beans/Corn Fire Roasted Veggie (V) Chicken Chili	<b>4</b> Mac & Cheese (V) (HC) Baked Salmon Wild Rice Asparagus Rosemary Chicken Soup Mushroom and Brie Soup	<b>5</b> Pot Roast Burger Veggie Sausage Pizza (V) Mozzarella Sticks Glazed Carrots Sweet Pepper Beef Soup Cream of Spinach (V)	<b>6</b> Mexican Bowl Salmon Burger Cilantro Lime Rice Corn Tomato Soup (V) Texas Taco Soup	 <b>7</b> Meatball Sub Chicken Poppers Red Beans & Rice Parisian Carrots Chicken Barley
<b>8</b> Baked Spaghetti Cheesy Broccoli Bake (V) Bread sticks Grilled Zucchini Cream of Potato	<b>9</b> Black Bean Spinach Enchilada (V) Taco Casserole (V) Spanish Rice Carrots Tomato Tortellini (V) 7 Bean Medley (V) 	<b>10</b> Power House Salad (V) Hawaiian Pizza Quinoa Green Beans Fire Roasted Veggie (V) Cactus Chili	<b>11</b> Ratatouille (V) Oven Fried Whitefish Baked Sweet Potato Corn on the Cobb Rosemary Chicken Soup Harvest Grain	<b>12</b> Country Fried Steak Eggplant Parmesan (V) Mashed Potatoes Peas & Carrots Sweet Pepper Beef Soup Artichoke & Spinach (V)	<b>13</b> New Orleans Chicken Berry Pecan Salad (V) Fried Rice Stewed Tomatoes Tomato Soup (V) Yukon & Cheddar Soup	<b>14</b> Turkey Burger Breaded Pork Chop Garlic Mashed Potatoes Asparagus Chicken Pot Pie Soup
<b>15</b> Beef Porcupine Stuffed Shells Mashed Potatoes Broccoli Vegetable Soup (V)	<b>16</b> Pasta Bar (V) Egg Salad Sandwich (V) Yukon Potatoes (V) Broccoli Tomato Tortellini (V) Cheddar Cauliflower Soup	<b>17</b> General Tso Chicken Spring Rolls Fried Rice Soy Beans Fire Roasted Veggie (V) Chicken Pho Ga Soup	<b>18</b> Stuffed Whitefish Quinoa Bake (V) Wild Rice Kyoto Blend Rosemary Chicken Soup Lobster Bisque	<b>19</b> Walking Taco Orchard Salad (V) Refried Beans Zucchini Sweet Pepper Beef Soup Cheesy Broccoli	<b>20</b> BBQ Pulled Pork Philly Fries Au Gratin Potatoes Peas Tomato Soup (V) Pot Roast French Onion Soup	<b>21</b> Baked Ziti Sloppy Joe Wedge Fries Carrots Mediterranean Bean
<b>22</b> Stuffed Tomatoes (V) Stuffed Pork Chop Green Bean Casserole Wild Rice Green Beans Chili	<b>23</b> Stuffed Portobello (V) Hawaiian Grilled Cheese Spanish Rice Corn Tomato Tortellini Soup (V) Baked Potato Chowder	<b>24</b> Artisan Mac & Cheese (V) Shrimp Skewers Brown Rice Corn Fire Roasted Veggie (V) Bourbon Steak Chili	<b>25</b> Pizza Sub Pineapple Veggie Burger (V) Ranch Fries Spinach Rosemary Chicken Soup Mushroom /Brie Soup	<b>26</b> Chicken Quesadilla Veggie Baked Ziti (V) Roasted Redskin Cauliflower Sweet Pepper Beef Soup Vegan Chili (V)	<b>27</b> Spicy Chicken Sandwich Chicken Half Mashed Potatoes Prince Charles Vegetables Tomato Soup (V) Smokey Poblano Soup	<b>28</b> Cabbage Rolls (HC) Grilled Beef/Cheddar Breaded Mushrooms Mixed Vegetables Turkey Rice Soup
<b>29</b> Swiss Steak Cabbage & Noodle (V) Roasted Redskins Peas & Carrots Cream of Potato	<b>30</b> Eggplant Mozzarella Burrito Casserole Mexican Rice Cauliflower Tomato Tortellini Pumpkin/Roasted Apple	<b>31</b> Cheese Ravioli (V) Hickory Burger Jalapeno Poppers Green Beans SW Cheesy Chicken Fire Roasted Veggie 				