

Cafeteria Serving Hours

Monday through Friday:

Breakfast: 7:00 a.m. to 10:00 a.m.

Lunch: 11:45 a.m. to 2:00 p.m.

Saturdays and Sundays:

(open for employees only)

Breakfast: 7:30 a.m. to 10:00 a.m.

Lunch: 11:45 a.m. to 1:30 p.m.




**The cafeteria is closed to the
general public on:**
Saturdays, Sundays and Holidays



Main Station Café **NOVEMBER Menu**



November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	(V) = Vegetarian (GF) = Gluten Free	1 Chicken Fingers Ratatouille (V) Brown Rice Peas Tomato Florentine Soup	2 Buffalo Chicken Pizza Cabbage & Noodles (V) Escaloped Apples Yellow Wax Beans Italian Wedding Soup	3 Black Bean Burger (V) Broc/Cheese Bowl (V) Maple Sweet Potatoes Mixed Vegetables Bourbon Steak Chili	4 Grilled Cheese (V) Loaded Nachos Refried Beans (V) Spinach Tomato Soup (V)	5 Diamond Jim Tater Tots Corn Cream of Potato Soup
6 Salisbury Steak Mashed Redskin Potatoes Green Beans Vegetable Beef Soup	7 Veggie Burger (V) Lasagna Garlic Bread Corn SW Black Bean Soup (V)	8 Chicken Fingers Grilled PB & J (V) Yukon Golds Cauliflower Mexican Street Corn Soup	9 Pepperoni Pizza Chili Cheese Dog Cheese Fries Zucchini Homestyle Chicken Noodle Soup	10 Black Bean Burger (V) Beef Stroganoff Buttered Noodles Asparagus Smokey Poblano Cheese Soup	11 Grilled Cheese Pot Roast Burger Onion Rings Brussels Sprouts Lobster Bisque Soup	12 Meatball Sub Au Gratin Potatoes Broccoli Corn Chowder
13 Ham Loaf Sweet Potato Corn Wisconsin Cheese Soup	14 Veggie Burger (V) Walking Taco Refried Beans Green Beans Roasted Butternut Squash (GF) (V)	15 Chicken Fingers Mac & Cheese (V) Escaloped Apples Beets Sweet Potato & Kale Soup (V)	16 French Bread Pizza Baked Ham Croissant Mozzarella Sticks Cauliflower Stuffed Pepper Soup	17 Black Bean Burger (V) Baked Salmon Jasmine Rice Prince Charles Veggies Broccoli Cheddar Soup	18 Grilled Cheese (V) Chicken Penne Alfredo Breadstick Garden Broccoli Tomato Soup (V)	19 Stuffed Cabbage Roll Mashed Potatoes Green Beans Ham & Bean Soup
20 Chipped Beef Mashed Redskins Peas & Carrots Chicken Dumpling Soup	21 Veggie Burger (V) Chili Mac Sweet Corn Bake Butterbeans Vegan Minestrone Soup (V)	22 Chicken Fingers Burrito Casserole Mexican Rice Black Beans & Corn Chili	23 Cauliflower Pizza (V) Popcorn Chicken Mashed Potatoes Corn Butternut Squash Soup (GF) (V)	24 Turkey Spiral Ham Mashed Potatoes Sweet Potato Soufflé Stuffing Green Beans Vegetable Beef Soup	25 Grilled Cheese (V) Popcorn Shrimp Breaded Mushrooms Carrots Stuffed Pepper Soup	26 Opened Face Turkey Mashed Potatoes Broccoli Cheddar Baked Potato Soup
27 Meatloaf Mashed Redskin Potatoes Cauliflower Cream of Broccoli Soup	28 Veggie Burger (V) Tuna Noodle Casserole Buttered Noodles Mixed Vegetables Chicken Pot Pie Soup	29 Chicken Fingers Stuffed Shells Scolloped Potatoes Carrots Apple & Pumpkin Soup	30 Pizza Eggplant Parmesan (V) Sweet Potato Zucchini Cactus Chili	Menu subject to change without notice		

Daily Grill Options: Hamburger and Grilled Chicken