

Cafeteria Hours

Monday through Friday:

7:00 a.m. to 6:30 p.m.

Serving Hours

Monday through Friday:

Breakfast: 7:00 a.m. to 10:00 a.m.

Lunch: 11:45 a.m. to 2:00 p.m.

Dinner: 5:00 p.m. to 6:30 p.m.



Main Station Café ***NOVEMBER Menu***

Saturdays, Sundays & Holidays

Cafeteria Serving Hours:


Breakfast: 7:30 a.m. to 10:00 a.m.

Lunch: 11:45 a.m. to 1:30 p.m.

Dinner: Closed



November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Menu subject to change without notice</i>	(V) = Vegetarian (GF) = Gluten Free		1 Cauliflower Pizza (V) Cabbage & Noodles (V) Escaloped Apples Yellow Wax Beans Italian Wedding Soup Sweet Pepper Beef	2 Black Bean Burger (V) Gyro German Potato Salad Mixed Vegetables Bourbon Steak Chili Vegetable Soup (V)	3 Grilled Cheese (V) Loaded Nachos Refried Beans (V) Spinach Tomato Soup (V) French Onion Soup	4 Diamond Jim Tater Tots Corn Cream of Potato Soup
5 Salisbury Steak Mashed Redskin Potatoes Green Beans Vegetable Beef Soup	6 Veggie Burger (V) Lasagna Garlic Bread Corn SW Black Bean Soup (V) Pumpkin Apple Soup	7 Chicken Fingers Grilled PB & J (V) Yukon Golds Cauliflower Mexican Street Corn Soup Chicken Noodle	8 Pepperoni Pizza Chili Cheese Dog Cheese Fries Zucchini Sweet Pepper Beef Yukon Gold Soup	9 Black Bean Burger (V) Beef Stroganoff Buttered Noodles Asparagus Smokey Poblano Soup Vegetable Soup (V)	10 Grilled Cheese Pot Roast Burger Onion Rings Brussels Sprouts Lobster Bisque Soup Tomato Soup (V)	11 Meatball Sub Au Gratin Potatoes Broccoli Corn Chowder
12 Ham Loaf Sweet Potato Corn Wisconsin Cheese Soup	13 Veggie Burger (V) Walking Taco Refried Beans Green Beans Roasted Butternut Squash (GF) (V) Black Bean Soup (V)	14 Chicken Fingers Mac & Cheese (V) Escaloped Apples Beets Sweet Potato & Kale Soup (V) Chicken Noodle Soup	15 French Bread Pizza Baked Ham Croissant Mozzarella Sticks Cauliflower Sweet Pepper Beef Loaded Baked Potato Soup	16 Black Bean Burger (V) Chicken Fajita Mexican Rice Prince Charles Veggies Broccoli Cheddar Soup Vegetable Soup (V)	17 Grilled Cheese (V) Chicken Penne Alfredo Breadstick Garden Broccoli Tomato Soup (V) Kickin' Crab Soup	18 Stuffed Cabbage Roll Mashed Potatoes Green Beans Ham & Bean Soup
19 Chipped Beef Mashed Redskins Peas & Carrots Chicken Dumpling Soup	20 Veggie Burger (V) Beef Broccoli Brown Rice Butterbeans Vegan Minestrone Soup (V) Black Bean Soup (V)	21 Chicken Fingers Burrito Casserole Mexican Rice Black Beans & Corn Chili Chicken Noodle Soup	22 Cauliflower Pizza (V) Popcorn Chicken Mashed Potatoes Corn Sweet Pepper Beef Parmesan Kale & Sausage Soup	23 Turkey Spiral Ham Mashed Potatoes Sweet Potato Soufflé Stuffing Green Beans Vegetable Beef Soup	24 Grilled Cheese (V) Baked Salmon Breaded Mushrooms Carrots Stuffed Pepper Soup Tomato Soup (V)	25 Opened Face Turkey Mashed Potatoes Broccoli Cheddar Baked Potato Soup
26 Meatloaf Mashed Potatoes Cauliflower Cream of Broccoli Soup	27 Veggie Burger (V) Tuna Noodle Casserole Sweet Corn Bake Mixed Vegetables Chicken Pot Pie Soup Black Bean Soup (V)	28 Chicken Fingers Sloppy Joe Scalloped Potatoes Carrots Apple & Pumpkin Soup Chicken Noodle Soup	29 Pizza Eggplant Parmesan (V) Sweet Potato Zucchini Cactus Chili Sweet Pepper Beef	30 Black Bean Burger Manicotti (V) Sweet Corn Bake Peas Tomato Florentine Soup Vegetable Soup (V)		

Daily Grill Options: Hamburger and Grilled Chicken