

Take Control of Your Health.

The Bellevue Hospital is pleased to offer Direct Access Laboratory Testing.

This service allows you to take control of your health by allowing you to access and monitor your health status more frequently and conveniently.

You can now order your own laboratory tests when you want them at an affordable price – without a physician's order.

Direct Access Testing

No appointments necessary, but pre-registration is required. To pre-register, call 419.483.4040, Ext. 0. Please check the test(s) you need and take this form to The Bellevue Hospital's Main Laboratory.

- | | |
|---|---|
| <input type="checkbox"/> Complete Blood Count with Complete Metabolic and Fasting Lipid Panel\$60 | <input type="checkbox"/> Pregnancy....\$15 |
| <input type="checkbox"/> Complete Blood Count with Basic Metabolic and Fasting Lipid Panel\$50 | <input type="checkbox"/> Prostate Screen (PSA).....\$30 |
| <input type="checkbox"/> Hemoglobin A1C.....\$20 | <input type="checkbox"/> Thyroid Stimulating Hormone (TSH).....\$25 |
| <input type="checkbox"/> Fasting Lipid Panel\$20 | <input type="checkbox"/> Vitamin D.....\$35 |
| | <input type="checkbox"/> Fecal Occult\$25 |

*See reverse side for complete details on listed tests and to complete order form.

Direct Access Laboratory Testing

Name: _____ Date of Birth: _____

Address: _____ Sex: Male _____ Female _____

City: _____ State: _____ Zip: _____

Phone: _____ Family Physician: _____

I am eighteen years of age or older (or I am the parent or legal guardian of the above-named patient) and I hereby consent to the testing I have requested below, which includes the drawing of blood for such purpose. I understand that this testing cannot take the place of medical advice, diagnosis or treatment from a physician, and it is important for me to consult my physician regarding these test results and my medical care in general. On behalf of myself, my heirs, executors and assigns, I hereby release and forever hold harmless The Bellevue Hospital, and its employees, agents and volunteers, from any and all liability resulting from the tests I have ordered and/or any actions taken, or any failure to act, following receipt of the test results. I have read, understand and agree with all of the information set forth in this form.

Signature: _____ Date: _____

BASIC METABOLIC PANEL (BMP):

The BMP is used to check the status of a person's kidneys and their electrolyte and acid/base balance, as well as their blood glucose level.

COMPLETE METABOLIC PANEL

(CMP): The CMP is used to check the body's fluid balance, levels of electrolytes, like sodium and potassium, and how well the kidneys and liver are working.

COMPLETE BLOOD COUNT (CBC):

The complete blood count (CBC) is often used as a broad screening test to determine an individual's general health status. It can be used to:

- Screen for a wide range of conditions and diseases.
- Help diagnose various conditions, such as anemia, infection, inflammation, bleeding disorder or leukemia, to name just a few.

FASTING LIPID PANEL:

The lipid profile is used as part of a cardiac risk assessment to help determine an individual's risk of heart disease and to help make decisions about what treatment may be best if there is borderline or high risk. Depending on the results and other risk

FECAL OCCULT:

Is used to find blood in the feces, or stool. Blood in the stool may be a sign of colorectal cancer or another medical problem, such as an ulcer or polyps.

HEMOGLOBIN A1c:

Is used to monitor a person's diabetes, aid in treatment decisions, to diagnose diabetes and to help identify those at an increased risk of developing diabetes.

PREGNANCY:

Qualitative hCG testing detects the presence of hCG and is routinely used to screen for a pregnancy.

PROSTATE SCREEN (PSA):

If prostate cancer is diagnosed, the total PSA test may be used as a monitoring tool to help determine the effectiveness of treatment. It may also be ordered at regular intervals after treatment.

THYROID

STIMULATING HORMONE (TSH):

The thyroid stimulating hormone test is often the test of choice for evaluating thyroid function and/or symptoms of a thyroid disorder, including hyperthyroidism or hypothyroidism.

25-HYDROXYVITAMIN D:

A vitamin D test is used to:

- Determine if bone weakness, bone malformation or abnormal metabolism of calcium is occurring as a result of a deficiency or excess of vitamin D
- Screen people who are at high risk of deficiency
- Help monitor the health status of individuals with diseases that interfere with fat absorption, such as cystic fibrosis and Crohn's disease
- Help determine the effectiveness of treatment when vitamin D, calcium, phosphorus, and/or magnesium supplementation is prescribed.