

# Take Control of Your Health.

## The Bellevue Hospital is pleased to offer Direct Access Laboratory Testing.

This service allows you to take control of your health by allowing you to access and monitor your health status more frequently and conveniently.

You can now order your own laboratory tests when you want them at an affordable price – without a physician's order.

## Direct Access Testing

*No appointments necessary, but pre-registration is required. To pre-register, call 419.483.4040, Ext. 0. Please check the test(s) you need and take this form to The Bellevue Hospital's Main Laboratory.*

- |  |   |
|--|---|
| <input type="checkbox"/> Complete Blood Count with Basic Metabolic and Fasting Lipid Panel .....\$50 | <input type="checkbox"/> Pregnancy....\$15                          |
| <input type="checkbox"/> Hemoglobin A1C.....\$20   | <input type="checkbox"/> Prostate Screen (PSA).....\$30             |
| <input type="checkbox"/> Fasting Lipid Panel .....\$20   | <input type="checkbox"/> Thyroid Stimulating Hormone (TSH).....\$25 |
|  | <input type="checkbox"/> Vitamin D.....\$35                         |

*\*See reverse side for complete details on listed tests and to complete order form.  
Check and credit/debit payments accepted.*

# Direct Access Laboratory Testing

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ Sex: Male \_\_\_\_\_ Female \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Family Physician: \_\_\_\_\_

*I am eighteen years of age or older (or I am the parent or legal guardian of the above-named patient) and I hereby consent to the testing I have requested below, which includes the drawing of blood for such purpose. I understand that this testing cannot take the place of medical advice, diagnosis or treatment from a physician, and it is important for me to consult my physician regarding these test results and my medical care in general. On behalf of myself, my heirs, executors and assigns, I hereby release and forever hold harmless The Bellevue Hospital, and its employees, agents and volunteers, from any and all liability resulting from the tests I have ordered and/or any actions taken, or any failure to act, following receipt of the test results. I have read, understand and agree with all of the information set forth in this form.*

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## **BASIC METABOLIC PANEL (BMP):**

The BMP is used to check the status of a person's kidneys and their electrolyte and acid/base balance, as well as their blood glucose level.

## **COMPLETE BLOOD COUNT (CBC):**

The complete blood count (CBC) is often used as a broad screening test to determine an individual's general health status. It can be used to:

- Screen for a wide range of conditions and diseases.
- Help diagnose various conditions, such as anemia, infection, inflammation, bleeding disorder or leukemia, to name just a few.

## **HEMOGLOBIN A1c:**

Is used to monitor a person's diabetes, aid in treatment decisions, to diagnose diabetes and to help identify those at an increased risk of developing diabetes.

## **FASTING LIPID PANEL:**

The lipid profile is used as part of a cardiac risk assessment to help determine an individual's risk of heart disease and to help make decisions about what treatment may be best if there is borderline or high risk.

The results of the lipid profile are considered along with other known risk factors of heart disease to develop a plan of treatment and follow-up.

Depending on the results and other risk factors, treatment options may involve lifestyle changes such as diet and exercise or lipid-lowering medications such as statins.

## **PREGNANCY:**

Qualitative hCG testing detects the presence of hCG and is routinely used to screen for a pregnancy.

## **PROSTATE SCREEN (PSA):**

If prostate cancer is diagnosed, the total PSA test may be used as a monitoring tool to help determine the effectiveness of treatment. It may also be ordered at regular intervals after treatment to detect recurrence of the cancer. Currently there is no consensus about using the PSA test to screen for prostate cancer in asymptomatic men.

## **THYROID**

### **STIMULATING HORMONE (TSH):**

The thyroid stimulating hormone test is often the test of choice for evaluating thyroid function and/or symptoms of a thyroid disorder, including hyperthyroidism or hypothyroidism.

### **25-HYDROXYVITAMIN D:**

A vitamin D test is used to:

- Determine if bone weakness, bone malformation or abnormal metabolism of calcium is occurring as a result of a deficiency or excess of vitamin D
- Screen people who are at high risk of deficiency
- Help monitor the health status of individuals with diseases that interfere with fat absorption, such as cystic fibrosis and Crohn's disease
- Help determine the effectiveness of treatment when vitamin D, calcium, phosphorus, and/or magnesium supplementation is prescribed.