



National Hospital Week 2021

This year's National Hospital Week runs from May 9-15. To celebrate National Hospital Week, we would like to show our sincere appreciation to The Bellevue Hospital Family.

During this past year of uncertainty, The Bellevue Hospital would like to thank all of our employees, physicians and volunteers for all you do, every day, for our patients and their family members. Your commitment to the health and well-being of our community is deserving of recognition and celebration.

Thank you for your ongoing compassion and dedication to provide
Quality Care, Close to Home.



THE BELLEVUE HOSPITAL

Quality Care, Close To Home

Please enjoy our **HEALTH***e*news to help keep you informed.

Join us on Facebook and visit our website at www.bellevuehospital.com. Upcoming events and programs listed inside. Please contact the Marketing Department at 419.483.4040, Ext. 4899 with any questions.



Upcoming Morning Health Break

Monday, June 7 • 7 a.m. – 11 a.m.
Bellevue Society for the Arts
205 Maple St., Bellevue

- Free Blood Pressure and Fasting Glucose Checks
- A1C Screening (\$10)
- Lipid Panel Screening (\$15)
- TSH (Thyroid) Screening (\$20)
- PSA (Prostate) Screening (\$25)

A registered nurse will be available to answer health questions. Appointments are required and all attendees should wear their own cloth face coverings upon arrival to the event.

To schedule an appointment, call 419.483.4040, Ext. 6610. Deadline to register is Monday, May 31.

COVID-19 Vaccine Distribution Continues

COVID-19 vaccine distribution is now open to everyone age 16 and older.

If you are interested in receiving a COVID-19 vaccine at The Bellevue Hospital, please visit www.surveymonkey.com/r/TBHCovVac.

After you have completed this information, your name will be placed on a wait list. An employee from TBH will call you to schedule your appointment based on vaccine availability. Pre-registration is required to receive the vaccine. Walk-in appointments are currently not available.

For more information about COVID-19 vaccines at TBH, visit www.bellevuehospital.com/covid-19-vaccines-0.



Stroke Awareness Month

Anyone Can Have a Stroke, Everyone Should Be Prepared

Stroke is a leading cause of death in the United States and is a major cause of serious disability for adults. About 795,000 people in the United States have a stroke each year. But, fast treatment for a stroke can lessen the brain damage that a stroke can cause. By knowing the signs and symptoms of a stroke, you can take quick action and perhaps save a life.

Signs of stroke in men and women include:

- Sudden **numbness** or weakness in the face, arm, or leg, especially on one side of the body.
- Sudden **confusion**, trouble speaking, or difficulty in understanding speech.
- Sudden **trouble seeing** in one or both eyes.
- Sudden **trouble walking**, dizziness, loss of balance, or lack of coordination.
- Sudden **severe headache** with no known cause.

According to the Centers for Disease Control and Prevention, the stroke treatments that work best are available only if the stroke is recognized and diagnosed within three hours of the first symptom.

If you think someone may be having a stroke, remember to act F.A.S.T. and do the following test:

F — Face: Ask the person to smile. Does one side of the face droop?

A — Arms: Ask the person to raise both arms. Does one arm drift downward?

S — Speech: Ask the person to repeat a simple phrase. Is the speech slurred or strange?

T — Time: If you see any of these signs, call 9-1-1 right away.

For more information about stroke risk factors, prevention and stroke resources, visit www.cdc.gov/stroke.



Celebrating Compassionate Nurses



**The DAISY
Award®**

FOR EXTRAORDINARY NURSES

**HONORING NURSES INTERNATIONALLY
IN MEMORY OF J. PATRICK BARNES**

This May, we want to recognize our nurses for the difference they make in the lives of our patients and our patient's loved ones. Have you had a nurse from The Bellevue Hospital that has gone above and beyond to provide quality care? We want to hear your story! Consider nominating your nurse for The Daisy Award for Extraordinary Nurses®.

The award is part of the DAISY Foundation's mission to recognize the extraordinary, compassionate nursing care they provide patients and families every day.

The DAISY Foundation is a not-for-profit organization, established in memory of J. Patrick Barnes, by members of his family. Patrick died at the age of 33 in late 1999 from complications of Idiopathic Thrombocytopenic Purpura (ITP), a little known but not uncommon autoimmune disease. (DAISY is an acronym for Diseases Attacking the Immune System.) The care Patrick and his family received from nurses while he was ill inspired this unique means of thanking nurses for making a profound difference in the lives of their patients and families.

The awards program at The Bellevue Hospital began in January 2020 and nominations are continuously accepted throughout the year. The award recipient is then chosen by a committee at TBH to receive The DAISY Award. Awards are presented throughout the year at celebrations attended by the Honoree's colleagues. Each Honoree receives a certificate commending her or him as an "Extraordinary Nurse." Honorees also receive a DAISY Award pin and a beautiful and meaningful sculpture called *A Healer's Touch*, hand-carved by artists of the Shona Tribe in Zimbabwe.

Nurses may be nominated by patients, families and visitors. For more information, or to submit a nomination online, visit www.daisynomination.org/TBH. Or, fill out the nomination form below and mail it to:

**The Bellevue Hospital
Attn: Daisy Coordinator
1400 W. Main St.
Bellevue, OH 44811**



Thank you for taking the time to thank your nurse!

Your Name _____ Phone _____

Email _____ Please contact me if my nurse is chosen yes no

Date of nomination _____ I am a ___ Patient ___ Family member/visitor

Name of the nurse you are nominating _____

Unit where the nurse works _____

Please share your story of why your nurse was so special:



Quality Care, Close To Home

1400 West Main Street
P.O. Box 8004
Bellevue, Ohio 44811
419.483.4040

NON-PROFIT ORG.
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PERMIT NO. 50

RED CROSS BLOODMOBILE

Thursday, May 18 • 10 a.m. – 3 p.m.

NEW LOCATION:

Bellevue VFW

6104 US Route 20 • Bellevue, OH 44811

Must be at least 17 years old.

Call 1-800-Red-Cross, or visit
www.redcrossblood.org and enter code
BELLEVUEHOSP to register.

*****ECRWSSDDM*****
POSTAL CUSTOMER

Give The Gift of Good Health: Encourage Mammograms This Mother's Day

This Mother's Day, The Bellevue Hospital invites you to think of all the important women in your life and remind them (and yourself) to make health and wellness a priority by scheduling a mammogram. Early detection with a yearly mammogram is the best defense against breast cancer.

TBH is advancing the fight against breast cancer with our new MAMMOMAT Revelation 3D mammography system, an innovative technology designed to overcome barriers to breast cancer detection and compliance.

The MAMMOMAT Revelation system offers:

- Wide-angle imaging for greater accuracy
- Smart automation for personalized compression and less discomfort
- Better detection to reduce the chance of being called back for additional screenings

Schedule your mammogram during the month of May and receive a free gift!



Call 419.483.4040, Ext. 3067 to schedule your appointment.

