



**1400 West Main Street
P.O. Box 8004
Bellevue, Ohio 44811
419.483.4040**



ONLY 100 TICKETS LEFT!

**\$100,000 or New Corvette
Stingray + \$40,000**

Only 1,917 tickets to be sold. \$100 per ticket. Drawing **March 4, 2017**.

For more information or to purchase tickets, visit www.vetteraffle.com or **800.850.5528**.

Free Drug Test Kits Available

The Bellevue Hospital is on the list of locations offering free drug test kits from Huron County Community Health Partners. The drug test kits are intended to allow parents to drug test their children if they suspect illegal drug usage, as well as provide an opportunity for open discussion.

“The Bellevue Hospital is proud to help facilitate conversations with loved ones by providing drug screening kits free of charge. Early detection gives families opportunities to have open dialogs. Research does show that reducing the stigma associated with substance use and promoting early intervention and recovery results in better long term success,” said Dawn Bova, certified nurse practitioner with The Bellevue Hospital’s Family Health Services. Bova also serves as the OhioCAN Sandusky County Coordinator.

According to the National Institute on Drug Abuse, early signs of drug use could include:

- a change in friends
- carelessness with grooming
- decline in academic performance
- missing classes or skipping school
- loss of interest in favorite activities
- changes in eating or sleeping habits
- deteriorating relationships with family members and friends



The drug test kits can be picked up anonymously for no cost in The Bellevue Hospital’s Emergency Department. Huron County Public Health also offers drug test kits to the community, at cost (\$6). Only adults over 18 years of age can pick up drug test kits.

When individuals pick up a drug test kit, they will be taught how to use the test and given education on what to do if the test is positive. Parents will be encouraged to start a conversation with their child about drug use and maintain those lines of communications. They will also be given a pamphlet and an anonymous survey on how well and easily the kit worked. Parents can also seek referral to treatment if needed.

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healthnews
THE BELLEVUE HOSPITAL

January 2017



*Please enjoy our **healthnews** to help keep you informed.*

Join us on Facebook and visit our website at www.bellevuehospital.com. Upcoming events and programs listed inside. Please contact the Marketing department at 419.483.4040, Ext. 4899 with any questions.



Gala 1917 • 2017 **Event**
THE BELLEVUE HOSPITAL

**SAVE-THE-DATE FOR
THE BELLEVUE HOSPITAL’S CENTENNIAL GALA**

On March 6, 1917, The Bellevue Hospital was dedicated and opened its doors and began serving the healthcare needs of Bellevue and the surrounding communities. In recognition of providing a Century of Caring, The Bellevue Hospital will be hosting A Centennial Gala Event on Saturday, February 25, 2017 at Sawmill Creek Resort in Huron, OH. The once-in-a-lifetime event will begin at 6:30 p.m.

Join us for an evening of celebration! Your ticket price includes a professional photo, appetizers, drinks, dinner, dessert, and more! Dance the night away to music by The Persuasion Band from Detroit, MI. A Silent Auction will be held throughout the evening with proceeds to benefit the Foundation. Reservations are required. Ticket price: \$100 per adult.

For more information, contact The Bellevue Hospital Foundation Office at 419.483.4040, Ext. 4319.

1400 WEST MAIN STREET • BELLEVUE, OHIO • WWW.BELLEVUEHOSPITAL.COM

CALENDAR of Events



For more information, or to register for the events listed:
Bellevue: 419.483.4040 ~ Clyde: 419.547.0074
Fremont, Old Fort, Green Springs and Republic: 419.639.2065
Extension numbers listed below:

COMMUNITY
HEALTH PROGRAMS

**GLUCOSE, BLOOD
PRESSURE CHECKS**
Community health screenings
offered in January. Free fasting
glucose and blood pressure, and
A1C (\$10).
INFO: Ext. 6610

January 10
9:00 am-11:00 am
Bassett's Market, Bellevue

January 17
9:00 am-11:00 am
Hogue's IGA, Bellevue

January 18
9:00 am-11:00 am
Miller's SuperValu, Clyde

January 23
8:00 am-10:00 am
Rec Center, Bellevue

January 26
10:30 am-11:30 am
Senior Center, Clyde

January 31
Noon-1:00 pm
Senior Center, Bellevue

**January 2
MORNING HEALTH
BREAK**

TBH Conference Rooms A&B
8:00 am - 11:00 am
Free blood pressure and fasting
glucose checks; A1C screening
(\$10). Educational literature, a
light breakfast and a registered
nurse to answer questions about
health.
INFO: Ext. 6610

**January 7 & 14
LAMAZE PREPARED
CHILDBIRTH COURSE**
TBH Conference Room A&B
8:30 am - 12:30 pm

Prepares expectant parents for a
positive birth experience. Topics
covered include stages of labor,
progressive relaxation, breathing
techniques, medication uses,
nutrition, weight gain and anatomy.
Also tour the Family Birthing
Center. The class is held in a
series of two sessions. The second
session will be on Saturday, Jan.
14 from 8:30 am-12:30 pm. Fee
of \$30.
INFO: Ext. 3067

**January 10
YOGA FITNESS
CLASSES**
Knights of Columbus Hall
816 Monroe St., Bellevue
5:30 pm - 6:30 pm

Classes are a series of six sessions
on Tuesdays and Wednesdays. Fee
is \$20 for six classes from Jan. 10
through Feb. 15. Co-sponsored
by the Bellevue Recreation
Department.
INFO: Ext. 4206

*Information on TBH
screenings, programs and
events may also be found
on our website at
www.bellevuehospital.com,
and on The Bellevue
Hospital Facebook page.*

**January 15
SMOKING CESSATION
PROGRAM**
TBH Conference Room A&B
2:30 pm

TBH and The Ohio State
University at Lima are offering a
seven-week treatment and research
program designed to help people
stop smoking, using behavior
modification therapy, hypnosis
and nicotine replacement therapy.
Classes on Sundays including
Jan. 15, Jan. 22 and Jan. 29,
from 2:30-4:30 pm. Two support
sessions are scheduled for
Sundays, Feb. 12 and Feb. 26,
from 2:00-3:00 pm. Participants
are expected to attend all sessions
and may not join after Jan. 15.
INFO: Ext. 4244

**January 19
MATURE AUDIENCE
LUNCHEON**
Bellevue Society for the Arts
205 Maple St., Bellevue
11:30 am - 1:00 pm

Foot and ankle surgeon Peter
Highlander, DPM, MS will be
presenting. The public is invited
to attend. A lunch fee of \$3.
Reservations are requested.
INFO: Ext. 4899



Peter Highlander, DPM, MS

SUPPORT GROUPS

**January 3
M.O.M.S.**
TBH 2nd Floor Conference Room
10:30 am - 11:30 am

All new mothers and babies
welcome. Discussion of topics
such as feeding/nursing issues and
sleep habits. Co-sponsored by The
Breastfeeding Coalition of
Sandusky County and the
Sandusky County WIC Program.
INFO: Ext. 4363

**January 10
DIABETES**
TBH East Conference Room
12:30 pm - 1:30 pm
"Diabetic Checklist," presented
by Denise Bullion, RN, CDE. The
support group is free and open to
the public.
INFO: Ext. 4303

**January 10
REIKI**
TBH Conference Rooms A&B
6:00 pm - 8:00 pm

Reiki Healing Touch Group Circle
classes, presented by Patricia
Zilles, Reiki master practitioner.
Topic will be "Emotional
Freedom Techniques." Reiki
sessions are free and open to the
public.
**INFO: Contact Patricia Zilles
at 419.355.1283**



The Bellevue Hospital Foundation Invites You To Join
Club 1917
and/or
Harkness Legacy Fund

Club 1917 ~ The Bellevue Hospital Foundation established Club 1917 as an annual renewable membership group in 2007. Club 1917 assists in the ongoing development of healthcare programs, purchasing of specialized equipment and keeping "Quality Care, Close to Home." Individuals, organizations and/or businesses may become members of Club 1917 with a minimum annual contribution of \$100. Benefits include:

- Acknowledgement on The Bellevue Hospital Foundation's website
- Invitations to special programs and events for members only
- Contributions applied toward our "Recognition Tree" plaque
- Ability to donate to a specific program or project

Harkness Legacy Fund ~ William L. Harkness (1858-1919), Bellevue native, business investor and Standard Oil heir, donated \$20,000 to build The Bellevue Hospital, challenging local citizens to match his gift and furnish and equip the building. With his vision and financial assistance, The Bellevue Hospital was incorporated in 1914 and opened its doors for our first patients on March 6, 1917.

In his honor, we invite you to become an elite member of the Harkness Legacy Fund. Only 100 memberships will be granted to individuals, groups or organizations wanting to invest in the next century of caring. The one-time, tax-deductible gift of \$1,000 will have many benefits:

- All benefits and privileges of the Club 1917 membership
- Two tickets to the Centennial Gala and exclusive invitation to a private cocktail hour for members
- Name on Harkness Legacy Plaque to be permanently displayed at the hospital
- All Harkness Legacy Fund members are automatically members of Club 1917 for the 2017 Calendar Year

~ Contributor Information ~

Harkness Legacy Fund - Become a Member
Amount of Contribution: Membership: _____ @ \$1,000\$ _____

Club 1917 Fund - Become a Centennial Member (with annual renewable contribution)
Amount of Contribution: Membership: _____ @ \$100\$ _____

Additional Contributions:
☐ Health & Wellness Trail\$ _____ ☐ Hope for a Future - Free of Addiction.....\$ _____
☐ Heart and Cardiac Care\$ _____ ☐ Women's Health & Wellness.....\$ _____

TOTAL\$ _____

Name: _____
Address: _____ **City:** _____ **State:** _____ **Zip:** _____
Telephone: _____ **Email:** _____

Enclosed: ☐ Check - payable to The Bellevue Hospital Foundation ☐ Credit Card #: _____ **Exp.:** _____ **3 Digit Code:** _____

Return payment to: The Bellevue Hospital Foundation, 1400 W. Main St., Bellevue, OH 44811 ~ 419.483.4040, Ext. 4319