



1400 West Main Street
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New Look - New Logo!



In preparation, we are rolling out our centennial logo recognizing the 100 Years of continued service, health and wellness activities, and overall caring for the communities we serve.

We welcome you to join us on our facebook page and visit our website at www.bellevuehospital.com.

Inside we offer you our upcoming events and programs.

The Bellevue Hospital is beginning to prepare for it's 100th Anniversary!

March 6, 1917-
March 6, 2017.

Please contact the Marketing Department at marketing@bellevuehospital.com or call 419.483.4040, Ext. 4899 with any questions.



The Bellevue Hospital offers ongoing programs, events and services.

*Please enjoy our **HEALTHe news** to help keep you informed.*



Calendar of Events

Full listing of Community Events and Programs

New Physicians at The Bellevue Hospital

Welcome Nathan Fogt, D.O.; Vimal Kumar, M.D.; Andrea Moore, M.D.; and Max Pavlock, D.O.

Events, Support Groups, Health Screenings

Car Show, 5K Run - Walk, Drown's Garden Market

The Bellevue Hospital - New Look, New Logo!

The Bellevue Hospital prepares for it's 100th Year Anniversary.

CALENDAR *of Events*

For more information, or to register for the events listed, dial:
419.483.4040 (Bellevue) • 419.547.0074 (Clyde)
419.639.2065 (Fremont, Old Fort, Green Springs and Republic)
Reference the Extension numbers below.

COMMUNITY EVENTS

JUNE 24 4th Annual D. Ross Irons Memorial 5K Run/Walk 7:00 pm

The run/walk is sponsored by The Bellevue Hospital (TBH) Foundation and is part of the Bellevue Community Days Celebration. Proceeds will benefit the hospital's women's mammography fund that offers screening mammograms for underinsured or uninsured individuals. Day-of-race registration is \$25. The course will be flat, out and back. The run/walk will begin and end at the Bellevue High School all-weather track. For additional information, dial Ext. 4319. Location: Bellevue High School, 200 Oakland Ave., Bellevue.

JUNE 25 9th Annual TBH Foundation Dr. Elbert Lawrence Classic Car, Motorcycle & Truck Show

8:00 am - Noon
The classic car, motorcycle & truck show is sponsored by The Bellevue Hospital Foundation and is part of the Bellevue Community Days Celebration. Proceeds will benefit healthcare programming for women and children. Day-of-show registration is \$10. For additional information, dial Ext. 4319. Location: Bellevue High School, 200 Oakland Ave., Bellevue.

JULY 13 36th Annual TBH Foundation Golf Outing 10:00 am

Registration begins at 8:30 am, with a shotgun start at 10:00 am. Participants can enjoy 18 holes of golf with a cart, food, fun and prizes and will have a chance to win various contests throughout the day. All this is included in the \$113 individual entry fee. For additional information, or to register, dial Ext. 4319. Location: Green Hills Golf Course, Clyde.

JULY 25 - 26 1st Annual TBH Gift Shop Christmas in July Sale

7:30 am - 5:00 pm
8:00 am - 12:00 pm
The sale will offer several Christmas and assorted miscellaneous items at bargain prices. The event is open to the public. Cash, credit cards, and payroll deduction (employees only) will be accepted. For additional information, dial Ext. 4420. Location: TBH Conference Rooms A&B.

JUNE 29 & JULY 27 Drown's Garden Market 9:00 am - 2:00 pm

Drown's Market of Green Springs will bring produce to the hospital as a part of the hospital's efforts to support a healthy lifestyle. The Garden Market is open to the public and will offer a wide variety of seasonal fruits and vegetables. Cash, check or credit card will be accepted. For additional information, dial Ext. 4387. Location: TBH South Entrance.

COMMUNITY HEALTH PROGRAMS

GLUCOSE, BLOOD PRESSURE CHECKS

TBH is providing free blood pressure and glucose checks at different Bellevue and Clyde locations in July. These community screenings are free. For additional information, dial Ext. 6610.

July 6 9:30 am-11:00 am
Medicine Shoppe, Bellevue

July 12 9:00 am-11:00 am
Bassett's Market, Bellevue

July 19 9:00 am-11:00 am
Hogue's IGA, Bellevue

July 20 9:00 am-11:00 am
Miller's SuperValu, Clyde

July 25 8:00 am-10:00 am
Rec Center, Bellevue

July 26 Noon-1:00 pm
Senior Center, Bellevue

July 28 10:30 am-11:30 am
Senior Center, Clyde

JULY 11 Morning Health Break 8:00 am - 11:00 am

This month's community service will offer free blood pressure checks, free glucose checks (fasting test) and a lipid panel screening (fasting test, \$10). The program will also offer educational literature, a light breakfast and a registered nurse to answer questions about health. For additional information, dial Ext. 6610. Location: TBH Conference Rooms A&B.

JULY 21 Mature Audience Luncheon 11:30 am - 1:00 pm

Topic for July's program will be Pain Management, with guest speaker Dr. Kumar, TBH's pain management intervention physician. The public is invited to attend. A lunch fee of \$3 per person will be collected at the door. Reservations are requested. For additional information, or to register, dial Ext. 4899. Location: Bellevue Society for the Arts, 205 Maple St., Bellevue.

JULY 27 Red Cross Bloodmobile 9:30 am - 3:30 pm

The American Red Cross Bloodmobile is open to the public. To donate, you need to weigh between 110-350 pounds, be at least 17 years old, be in general good health, and be feeling well the day of the blood drive. A person can donate blood every 56 days. To schedule your appointment, call 1-800-Red-Cross, or visit www.redcrossblood.org and enter sponsor code BELLEVUEHOSP. Walk-ins may be accepted. Location: TBH Conference Rooms A&B.

SUPPORT GROUPS

JULY 5 M.O.M.S.

10:30 am - 11:30 am
This monthly support group, sponsored by The Family Birthing Center, is called M.O.M.S., Mothers Offering Mutual Support. The group is free and open to all new mothers and their babies, and is co-sponsored by The

Breastfeeding Coalition of Sandusky County and the Sandusky County WIC Program. M.O.M.S. offers useful information and programs, and discussion will include topics such as feeding/nursing issues, and sleep habits. For additional information, or to register, dial Ext. 4363. Location: TBH Second Floor Conference Room.

JULY 12 Diabetes 12:30 pm - 1:30 pm

Topic of July's Diabetes Support Group will be "What's New in Diabetic Medication," presented by Chris Hirt, Rph. The support group is free and open to the public. The group normally meets on the second Tuesday of each month, with varying topics. For additional information, dial Ext. 4303. Location: TBH East Conference Room.

JULY 12 Reiki 6:00 pm - 8:00 pm

TBH is sponsoring Reiki Healing Touch Group Circle classes, presented by Patricia Zilles, Reiki master practitioner. Topic for July's meeting will be "Food for Healing." Reiki works on mind, body and emotion, and can help lessen symptoms and side effects of traditional treatments. Reiki sessions are free and open to the public and nurses who are Reiki practitioners. For additional information, contact Patricia Zilles at 419.355.1283. Location: TBH Conference Rooms A&B.

Information on TBH screenings, programs and events may also be found on our website at www.bellevuehospital.com, and on The Bellevue Hospital Facebook page.

New Physicians at The Bellevue Hospital



Nathan Fogt, D.O.
Board Certified Orthopedic Surgery
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419.547.9890



Vimal Kumar, M.D.
Board Certified Pain Medicine
1400 West Main Street • Bellevue, OH 44811
419.484.5903



Andrea R. Moore, M.D.
OB/GYN
1005 W. McPherson Hwy. • Clyde, OH 43410
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Max Pavlock, D.O.
Board Certified Family Medicine
1255 West Main St., Suite B • Bellevue, OH 44811
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Drown's Garden Market
Located outside the Main Station Café.
June 29, July 27
August 17, September 14

Classic Car Show
June 25th - 8:00 am

Bellevue Community Days
June 23, 24 & 25th

Dr. D. Ross Irons 5K Memorial Run/Walk
June 24, 2016 ~ 7:00 p.m.
5K Course: Flat, out and back
Race Day Fee: \$25
Race begins at: Bellevue High School Track

The Bellevue Hospital
36th Annual Foundation
Golf Outing
July 13, 2016
Green Hills Golf Course
Clyde, OH