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August 2016



## TBH at Bellevue Community Days

The Bellevue Community Days Celebration was a success, and The Bellevue Hospital was honored to have a strong presence during this year's celebration held June 23 – 25.

The Bellevue Hospital Foundation's Fourth Annual D. Ross Irons Memorial 5K Run/Walk was held on Friday, June 24 at the Bellevue High School with nearly 120 runners/walkers. Proceeds from the event will benefit the hospital's Women's Mammography Fund to offer screening mammograms for underinsured or uninsured individuals.

The Bellevue Hospital Foundation also hosted the ninth annual Dr. Elbert Lawrence Classic Car, Motorcycle & Truck Show on Saturday, June, 25 with nearly 50 vehicles participating. All proceeds will benefit healthcare programming for women and children.

The Community Days Parade, held on Saturday, June 25, saw Michael K. Winthrop, President and CEO of TBH, serve as the parade's Grand Marshal. Thirty TBH employees, family members, and volunteers walked in the parade.

"The Bellevue Hospital is beginning to prepare for its 100th Anniversary, which will be March 6, 2017. In preparation, we are rolling out our centennial logo, which made its debut during the Community Days Parade.

Our centennial logo recognizes the 100 years of continued service, health and wellness activities, and overall caring for the communities we serve," said Winthrop.

"The hospital will be celebrating its 100th Anniversary with a year-long celebration of events, programs, special health screenings and seminars, so we strongly encourage the community members to keep an eye out for more information on the upcoming events and help us celebrate 100 years of providing "Quality Care, Close to Home," continued Winthrop.



Michael K. Winthrop,  
President and CEO of  
The Bellevue Hospital (TBH)  
was honored to serve as  
Grand Marshal of the  
Bellevue Community Days  
Parade on Saturday, June 25.



Several TBH Employees  
participated in the 5K Run/Walk on  
Friday, June 24. Brenda Soule (left)  
and Elaine Brock (right), both of  
TBH's Pharmacy, are pictured  
with Michael K. Winthrop,  
President and CEO of TBH.



The Bellevue Hospital offers ongoing programs, events and services.

Please enjoy our **HEALTHnews** to help keep you informed.



We welcome you to join us on our Facebook page and visit our website at [www.bellevuehospital.com](http://www.bellevuehospital.com). Inside we offer you our upcoming events and programs. Please contact the Marketing department at 419.483.4040, Ext. 4899 with any questions.

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### Calendar of Events

Full listing of Community Events and Programs

### TBH Announces Scholarship Winners

Scholarships given to children of TBH employees announced during National Hospital Week

### New Outpatient Laboratory Hours

### TBH at Bellevue Community Days



# CALENDAR of Events

For more information, or to register for the events listed:

Bellevue: 419.483.4040 • Clyde: 419.547.0074

Fremont, Old Fort, Green Springs and Republic: 419.639.2065

Reference the Extension numbers below:

## COMMUNITY HEALTH PROGRAMS

### GLUCOSE, BLOOD PRESSURE CHECKS

Free community screenings offered in August.  
INFO: Ext. 6610

#### August 9

9:00 am-11:00 am  
Bassett's Market, Bellevue

#### August 16

9:00 am-11:00 am  
Hogue's IGA, Bellevue

#### August 22

8:00 am-10:00 am  
Rec Center, Bellevue

#### August 25

10:30 am-11:30 am  
Senior Center, Clyde

#### August 30

Noon - 1:00 pm  
Senior Center, Bellevue

#### August 1

### MORNING HEALTH BREAK

TBH Conference Rooms A&B  
8:00 am - 11:00 am

Free blood pressure and fasting glucose checks; A1C screening (\$10). Educational literature, a light breakfast and a registered nurse to answer questions about health.

INFO: Ext. 6610

#### August 2

### YOGA FITNESS CLASSES

Knights of Columbus Hall  
816 Monroe St., Bellevue

5:30 pm - 6:30 pm

Classes are a series of six sessions on Tuesdays and Wednesdays from 5:30-6:30 p.m. Fee is \$20 for six classes from Aug. 2 through Sept. 7. Co-sponsored by the Bellevue Recreation Department.

INFO: Ext. 4206

#### August 6

### DIABETES REVIEW

TBH East Conference Room  
9:00 am - 11:00 am

**9-10 am:** Diabetes Update & Review with instructor Denise Bullion, RN, CDE.

**10-11 am:** Healthy Grilling & Gluten Free Eating with instructor Patti Keller, RD, LD, CDE.

INFO: Ext. 4303

#### August 11

### SIBLINGS EDUCATION CLASS

TBH 2nd Floor Conference Room  
6:00 pm - 7:30 pm

Expectant brothers and sisters, ages 2 and over, enjoy this brief session on what to expect from a new baby. Siblings will make a present for the new baby and tour the birthing center. Refreshments will be served. A fee of \$5 per child to a maximum of \$10 per family.  
INFO: Ext. 3067

#### August 16

### EVENING HEALTH BREAK

TBH Conference Rooms A&B  
5:00 pm - 7:00 pm

Free blood pressure and fasting glucose checks; A1C screening (\$10); thyroid level checks (\$20); and prostate screenings (\$25). Educational literature, free snacks and a registered nurse to answer questions about health.

INFO: Ext. 6610

#### August 17

### DROWN'S GARDEN MARKET

TBH South Entrance  
9:00 am - 2:00 pm

Support a healthy lifestyle and visit the Garden Market. Open to the public and offering a wide variety of seasonal fruits and vegetables. Cash, check or credit card accepted.

INFO: Ext. 4387

#### August 18

### MATURE AUDIENCE LUNCHEON

Bellevue Society for the Arts  
205 Maple St., Bellevue

11:30 am - 1:00 pm

Fall Prevention, with guest speaker Erica Shultz from TBH's Rehabilitation Services Department. The public is invited to attend. A lunch fee of \$3. Reservations are requested.  
INFO: Ext. 4899

#### August 18

### BREASTFEEDING BASICS

TBH Conference Room A  
6:00 pm - 8:00 pm

Expectant mothers' questions on the nutritional benefits and techniques of breastfeeding will be answered (\$10).

INFO: Ext. 3067

## SUPPORT GROUPS

#### August 2

### M.O.M.S.

TBH 2nd Floor Conference Room  
10:30 am - 11:30 am

All new mothers and their babies are welcome. Discussion includes topics such as feeding/nursing issues and sleep habits. Co-sponsored by The Breastfeeding Coalition of Sandusky County and the Sandusky County WIC Program.

INFO: Ext. 4363

#### August 9

### DIABETES

TBH East Conference Room  
12:30 pm - 1:30 pm

"Problem Solving," presented by Denise Bullion, RN, CDE. The support group is free and open to the public.

INFO: Ext. 4303



#### August 9

### REIKI

TBH Conference Rooms A&B  
6:00 pm - 8:00 pm

Reiki Healing Touch Group Circle classes, presented by Patricia Zilles, Reiki master practitioner. Topic will be "Spirituality." Reiki is not specific to any particular types of diseases or conditions because it works on the entire self, mind, body and emotions. Reiki sessions are free and open to the public and nurses who are Reiki practitioners.

INFO: Contact Patricia Zilles at 419.355.1283

#### August 18

### SERENITY SEEKERS

TBH East Conference Room  
5:30 pm - 7:00 pm

TBH, in association with Stein Hospice, Auxter Funeral Homes, and Foos & Foos Funeral Service, is sponsoring a six-week adult supportive/educational group offering comfort to those who have suffered the loss of an adult loved one. Meetings begin on Thursday, Aug. 18. This service is free.

INFO or to register:  
Contact Hope Seavers at Stein Hospice, 419.625.5269 or 800.625.5269.

Information on TBH screenings, programs and events may also be found on our website at [www.bellevuehospital.com](http://www.bellevuehospital.com), and on The Bellevue Hospital Facebook page.

## TBH Announces Scholarship Winners

For the 15th consecutive year, recipients of scholarships given to children of The Bellevue Hospital's employees were announced during National Hospital Week, May 8-14, 2016. The Robert Regula Employee Children's Scholarship Program honors ten high school and college students.

TBH awards \$1,500 scholarships to eligible dependents of its full or part-time employees who have worked at least two consecutive years at the hospital. The students are to be enrolled in post high school academic programs, with a minimum of three of the scholarships reserved for students in healthcare-related fields of study.



#### Megan Brugnone

Health Science, Heidelberg University, daughter of LeAnn Brugnone (Cardiopulmonary) and Bill Brugnone.



#### Aaron Englehart

Civil Engineering, The Ohio State University, son of Gail Englehart (Case Management) and Jeffrey Englehart.



#### Kelsey Fresch

Early & Middle Childhood Studies, The Ohio State University, daughter of Lora Fresch (Post Anesthesia Care Unit) and Charles Fresch.



#### Bobby Karasik

Biology, The Ohio State University, son of Dr. Gregory Karasik (Bellevue Professionals Services, Inc.)



#### Brian Kistler

Biology/Pre-Med, John Carroll University, son of Sue Kistler (Infection Prevention) and Paul Kistler.



#### Danica Lombardi

Occupational Therapy, Xavier University, daughter of Tony Lombardi (Rehabilitation Services) and Amy Lombardi (Lab).



#### Alicia McGinnis

Environmental Science, The University of Toledo, daughter of Suzanne McGinnis (Case Management) and Alan McGinnis.



#### Allison McKinney

Health & Science, Cleveland State University, daughter of Michele McKinney (Radiology) and Bill McKinney.



#### Cyleen Sharpe

Nursing, Ashland University, daughter of Deb Sharpe (Materials Management) and Steven Sharpe.



#### Jacqueline Turner

Nursing, Ashland University, daughter of Lauren Turner, (Cardiopulmonary) and Adam Turner.



## New Outpatient Laboratory Hours

The outpatient laboratory at The Bellevue Hospital will now be open as follows:

- |                    |                   |
|--------------------|-------------------|
| • Monday - Friday: | 6:30 am - 5:30 pm |
| • Saturdays:       | 6:30 am - 1:00 pm |
| • Sundays:         | CLOSED            |