



## Patient Experience Award

**The Bellevue Hospital is one of 48 hospitals in the entire United States - And the ONLY hospital in Ohio who has been nationally recognized for 3 years in a row by HealthGrades™, the nation's leading independent healthcare ratings organization.**

**This award speaks to who we are as a health care provider and how we value our patients, employees, medical staff, volunteers, and the Auxiliary and Board members. Everything we do has an impact on the caring and compassion delivered to our patients.**

**We are thankful for the opportunity to serve you.**



**Dwight Hogue of Bellevue, and Joe Wilson of Clyde.**

Both are past presidents and current members of The Bellevue Hospital's Board of Directors. Their goal has always been to assure The Bellevue Hospital serves the healthcare needs of their communities, families and patients – now and into the future. As a result, The Bellevue Hospital's Diagnostic Imaging Department has recently implemented changes that will benefit our patients, including an upgrade to a new \$1 million OPEN Bore MRI, installation of new 3D ultrasound imaging, and in January, the department will begin using Digital Mammography. Read about these advances on Page 2.

**It's what they do. ~ It's who they are.**





## Welcome Dr. Zieber

The Bellevue Hospital (TBH) has welcomed back a native son with the return of Steven Zieber, M.D., a board certified radiologist now on staff at the local hospital.

“Coming back to the Bellevue area was always a good possibility - something I thought I would do,” stated Dr. Zieber. “This is a good area to grow up in and a good area to raise a family.”

Along with his wife, Lori, a Castalia native, Dr. Zieber and his three children

– Regan, 9; Elise, 7; and Ross, 6 – relocated to the area in 2009.

Working alongside fellow board certified radiologist David West, M.D., Dr. Zieber is responsible for reading x-rays, mammograms, ultrasounds, MRI and CT scans, nuclear medicine scans, and bone dexa scans, and performs general procedures such as stereotactic breast biopsies.

After graduating from Bellevue high school, Dr. Zieber entered the Air Force and for four years worked in aircraft electronics while attaining the rank of staff sergeant. Then, it was off to college to obtain his undergraduate bachelor’s degree in biology (pre-med)

from the University of Toledo, before entering the Medical College of Ohio in Toledo to study medicine (radiology). He graduated in 2000 and completed his residency at Michigan State University, before heading back to the Air Force where he worked as a radiologist at the base hospital at Langley Air Force Base in Virginia, obtaining the rank of major.

“Lori and I and the kids enjoy being back here in the Bellevue area. It was really our two families that brought us back. Our families and our friends. We are happy to be back.”

## The Diagnostic Imaging Department is pleased to announce three latest advances.

**1** Ultrasound is used in a variety of ways in a medical setting, from the diagnosis of disease to confirmation of blood flow. Perhaps our latest upgrade to our ultrasound is the most memorable - 3D pictures of your baby.

At approximately 20 weeks, an ultrasound can be performed and with a little cooperation from the baby, 3D pictures - and even mini-movie clips-can be taken. You will also receive a CD to take home.

The new ultrasound upgrade offers many advances including speeding up tests and reducing the number of rescans, ultimately improving the comfort of our patients.

For information on scheduling an ultrasound appointment, contact Centralized Scheduling at 419.483.4040, Ext. 3067.



**2** TBH has a new MRI. “This is the area’s largest OPEN Bore MRI, offering imaging for patients up to 550 pounds and the greatest imaging quality in the area,” - Marc Schoen, Diagnostic Imaging Leader.

### Other Benefits:

- Quiet technology limits the noise
- Technical adjustments for patient movements - *(benefits patients with Parkinson’s, etc.)*
- Non-contrast testing capability
- Cerebral spinal fluid test - *A new test capability.*
- Table able to lower to 17” off the ground
- Faster scanning with high-quality images
- Feet first exams allowing patient heads outside the bore over 70% of the time.

**3** Beginning in January, 2011, The Bellevue Hospital is pleased to announce our Digital Mammography Unit will be installed and available for our patients in our Women’s Imaging Center.





Flu and the common cold are both respiratory illnesses, but they are caused by different viruses.

Flu and the common cold have similar symptoms (e.g. fever, sore throat). It can be difficult to tell the difference between them. Your doctor can give you a flu test within the first few days of your illness to determine whether you have the flu. In general, the flu is worse than the common cold.

Symptoms such as fever, body aches, extreme tiredness, and dry cough are more common and intense with the flu. Colds are usually milder than the flu. People with colds are more likely to have a runny or stuffy nose. Colds generally do not result in serious health problems, such as pneumonia, bacterial infections, or hospitalizations.

# Is it a Cold or the Flu?



## When to Seek Medical Help

- Difficulty breathing
- Chest pain
- Purple/blue lips
- Vomiting - unable to keep liquids down
- Signs of dehydration, dizzy, unable to urinate
- Seizures
- Confused or less responsive than normal

## Symptoms

- High Fever
- Headache
- Sore Throat
- Runny/Stuffy Nose
- Cough
- Muscle Aches
- Fatigue



**Get A Flu Shot! Eat Right!**  
**Wash Your Hands! Rest Enough! Exercise!**  
**Don't Smoke!**

## Upcoming Events



### January

- 3 – Morning Health Break
- 5 – Lamaze Childbirth Education
- 11 – Arthritis Support Group
- 12 – Diabetes Support Group
- 18 – Cardiac ComeBack Support Group
- 20 – Mature Audience Luncheon



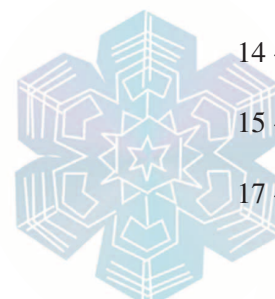
### February

- 5 – Sibling Education Class
- 7 – Morning Health Break
- 8 – Arthritis Support Group
- 9 – Diabetes Support Group
- 14 – Look Good, Feel Better Cancer Support
- 14 – Corvette/\$50,000 Cash Raffle



### March

- 2 – Infant CPR Class
- 3 – American Red Cross Bloodmobile
- 7 – Morning Health Break
- 8 – Arthritis Support Group
- 9 – Diabetes Support Group
- 12 – Lamaze Childbirth Education
- 14 – Serenity Seekers Support Group
- 15 – Cardiac ComeBack Support Group
- 17 – Mature Audience Luncheon



- 15 – Cardiac ComeBack Support Group
- 16 – Breastfeeding Basics Class
- 17 – Mature Audience Luncheon
- 21 – Babysitting Basics
- 26 – Auxiliary Red Carpet Dance



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Additional Information: 419.483.4040, Ext. 4319



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