



Dwight Hogue surrounded by the people who saved his life.

(L to R) Heather Swecker, RN; Tina Smith, LPN; Roger Garcia, DO, JD; and Michelle Garcia, RN, CEN

Dwight has given his time as a member of the hospital's Board of Trustees for 17 years.

The Right Place, The Right Time, The Right Choice.

As Dwight Hogue stared at a farm field full of corn, he could not have known the building he envisioned constructed on that "field of dreams" would one day be the place where his life would be saved.

"Things were just meant to be," says Hogue, a local businessman and Bellevue resident since 1961. "Simply put, we are just blessed to have The Bellevue Hospital (TBH) right here in our town."

It was on July 21, 2008 when members of TBH's Emergency Department saved Hogue's life after a heart attack, but the story starts years before – back when the 1400 W. Main Street location was still just a farm field.

"I was on the hospital's board of trustees and one night before a meeting I could not find a place to park (at the old hospital site on Northwest Street). I told Mike Winthrop (TBH President and CEO) that we need to buy some land for the future," noted Hogue. "Mike told me to present the idea to the board, and that started the process."

"In 2002, the board approved purchase of the land on York Township Road 302. Of

course, I had no idea how important the location would be."

After purchasing the land, and with prices and interest rates at favorable levels in 2002, Hogue and the rest of the hospital board members decided to explore the option of constructing a new hospital. Ground was broken on June 27, 2003, and the new hospital opened on March 13, 2005.

"I continued to serve on the board, and my family and I continued to make TBH our hospital of choice for our medical needs," continued Hogue. "So in the summer of 2008, I decided to get my left hip replaced (the right one had been replaced in 2001). I went to my family doctor to have a physical prior to the surgery and my blood work showed that my cholesterol – especially my bad cholesterol – was high. I did not think too much of it. I was put on some medication and a few weeks later I began to experience sweating and a burning sensation in my lungs, especially at night. This went on for a while and one day I had a severe pain in my chest, but it went away and again, I did not think anything of it.

"On July 21, I was supposed to go donate my own blood for use in the hip replacement surgery. I went to donate and was told that my blood pressure was way too high and that I would have to come back and try again another time. On the way home, I called Dr. Coll's office to tell them what happened and they told me to come in around 1:40 p.m. that day and they would run some tests."

Continued Hogue, "My wife, Prudy, and I went home for a while and then we hopped in the car to drive to the doctor's office. While I was driving I had to take deep breaths because something just was not right. We were driving on Township Road 302 and



Dwight Hogue continued...

I was just hoping there was no train so that I could just get to the doctor's office. Luckily there was no train but we got stopped by a red light at the intersection of 302 and U.S. 20. At that point, I figured I had two choices: I could turn right and go to Dr. Coll's office like I was supposed to, or I could go straight to the hospital.

"So I told Prudy that I had to decide since I just did not feel good. She told me to go right to the hospital.

I pulled up in front of the ER and let myself out and Prudy went to park the car. I checked in and pretty soon here comes a nurse to take me back. I remember going to a room, taking my shoes off, and getting a shot of something and some oxygen. Shortly after that, my eyes rolled back and that is all I remember..."

His heart attack hit with a near-fatal swiftness. Immediately, a trauma team was called into the room to put their highly skilled training to the task.

"I remember waking up, looking around and seeing a lot of people in the room. I could not figure out why all these people were there looking at me. I started saying hi to some of them and then I noticed my wife was there and she was crying. I asked her 'What's wrong with you?' I had no idea what happened.

They shipped me to University of Toledo Medical Center and a crew was waiting for me. They ran some tests and performed a heart cath where they discovered I had five blockages and I needed open-heart surgery. They took me right to the operating room and repaired four of the five blockages (the fifth was too small to worry about). The surgery went great but later that day my heart stopped again. It felt like I had a truck on top of me, but eventually, I started feeling better and better."

Three days later, after some light walking and regaining some of his strength and stamina, Hogue was discharged home. "I felt great. Weak, but great."

Today, Hogue goes to cardiac rehabilitation three days a week at TBH and counts his lucky stars. "If the hospital had still been in the old location on Northwest Street, I probably would not be here today. The hospital was exactly where it needed to be at the time I needed it. It is ironic that I had a say in purchasing the land that led to building the hospital in the location that saved my tail."

In addition to exercising his heart in the Cardiac Rehab Department, Hogue now watches his diet more closely and has lost some excess weight. "Losing the weight has been great for my joints as well," said Hogue. "Really, the Cardiac Rehab is a God-send. The staff talks to you about your diet, takes your blood pressure many times, and hooks you up to computer monitoring while you are exercising. All that data then goes to my doctor.

"Working out really lowers your blood pressure. You would think it would be the opposite, but the exercise works to open your veins and you get more blood and more oxygen to your body. Every time I leave there I feel better. The staff makes me feel better, the people I work out with make me feel better, and I feel more confident about myself. I am blessed to have had the outcome that I did, and we as a community are truly blessed to have The Bellevue Hospital right here in Bellevue."

Hogue and his wife, Prudy, are parents of three children, Brent, Annette, and Greg.



Cardiac Rehab

The Bellevue Hospital's (TBH) Cardiac Rehabilitation Program recently received certification through the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR).

TBH's Cardiac Rehab Program includes Phases 1, 2 and 3, with Phase 1 for inpatients and Phase 2 and 3 for outpatients.

"The goal of certification and recertification is to assure our program meets the highest standard of care as recommended by the AACVPR," said Eileen Hay, R.N., C.D.E., coordinator of the cardiac rehab program. Currently TBH is the only local hospital to have the Cardiac Rehab program certified by the AACVPR.

Cardiac Rehab works with patients who have had cardiac episodes, such as heart attacks, stent placements, coronary artery bypass grafts, and heart transplants. "All patients are monitored while they exercise and all exercise programs are physician-approved," noted Hay.

Hay also coordinates the monthly Cardiac ComeBack Support Group, which meets on the third Tuesday of each month from September through May.

2009 is the 21st year of service for TBH's Cardiac Rehab program. Hours are Monday-Wednesday-Friday from 6:30 a.m. - 5:30 p.m., and from 6:30 a.m. - Noon on Tuesdays and Thursdays.



**For more information on
The Bellevue Hospital's
Cardiac Rehab Program,
contact Eileen Hay at
419.483.4040, Ext. 4303.**

The Bellevue Hospital - Your Nationally Awarded, Recognized, Certified and Accredited Hospital.

Accreditations ~

- The Joint Commission Gold Seal of Approval
- The Commission on Cancer of the American College of Surgeons
 - Cancer Program
- Mammography Quality Standards Act (MQSA)
 - Mammography Program
- American College of Radiology (ACR)
 - Diagnostic Imaging in Obstetrics and Gynecology
 - General Ultrasound
 - CT Scan
 - MRI
- Ohio Department of Health
 - Nuclear Medicine
 - Radiology Department
 - Family Birthing Center
 - Home Health

by **PLACES TO WORK**

Congratulations!
Top 100 Best Places
to Work in
Healthcare 2008
by Modern
Healthcare Magazine.

Certifications ~

- American Diabetes Association - Diabetes Self-Management Education
- American Association of Cardiovascular & Pulmonary Rehabilitation (AACVPR) - Cardiac Rehab Program

Awards ~

The Bellevue Hospital was the recipient of national awards recognizing us as an outstanding employer and a Home Care Elite Home Health Agency.



Our
Home Health Department
ROCKED
the scores nationally!
Ranked Top 25%
nationally by
Home Care Elite.

TOP in the U.S.A.!

We are proud to announce our
2nd Quarter, 2009 U.S. Rankings.

April 1, 2009 - June 30, 2009



Our patients are surveyed by Press Ganey Associates, a national independent research firm. Based on our patient answers, we are then scored and ranked according to Press Ganey's national hospital database.

How did we do?

- ★ Top 5% - Thank you to our patients for scoring us a 9 or 10, out of a possible 10, ranking us in the Top 5% of hospitals in the United States.²
- ★ Top 3% - Our patients scored us in the Top 3% of US hospitals they would recommend to their family and friends.²
- ★ Top 6% - We scored in the Top 6% of hospitals in how we treated your family and friends.¹
- ★ Top 2% - Patients rated our hospital rooms cleaner than 98% of hospitals nationally.¹
- ★ Top 6% - How's our room service? Our quality of food ranked in the Top 6%.¹
- ★ Top 5% - Our patients scored the time their doctors spent with them in the Top 95% of hospitals in the United States.¹

¹Press-Ganey Inpatient Surveys
²Press-Ganey, HCAHPS Surveys

Women's Mammography Fund

The Bellevue Hospital Foundation

**\$2 each Ticket
or
\$5 for 3 Tickets**

**100% of the proceeds
will establish a**

Women's Mammography Fund
The Bellevue Hospital Foundation

Each screening mammogram and interpretation costs over \$250. We have established this fund to assist women who do not have insurance or the ability to pay for a mammogram.

Also, a portion of the hospital Gift Shop's sales of other breast cancer awareness items will be contributed to the fund.

**Help us support the Women's Mammography Fund
and buy a raffle ticket!**

Women's Mammography Fund Quilt Raffle

Name: _____	
Address: _____	
City: _____	State: _____ Zip: _____ Phone: _____
Quantity	
_____ Tickets at \$2.00 per ticket	Total
_____ Tickets at \$5.00 for 3 tickets	

Drawing in October 2009.

Amount Enclosed \$ _____

Please fill out this form and mail with check to:

The Bellevue Hospital Foundation • Women's Mammography Fund • 1400 West Main St. • Bellevue, OH 44811



Congratulations

Mary Chappell

Mary Chappell, RN, BSN, a charge nurse with The Bellevue Hospital's Medical/Surgical Department, was one of 84 finalists from around the state of Ohio for the Ohio Hospital Association's Albert E. Dyckes Health Care Worker of the Year Award.

Mary's nomination reads in part:

"There's truly something about Mary. Something in the warm blanket she offers a worried husband to surround him with the comfort of

knowing his wife of over 50 years will be coming home to him soon—something about the cup of tea Mary has prepared for a mother exhausted after a long night and Mary quietly explaining, consoling and relaying hope—there's something in the sound of laughter she has coaxed from a previously "less than patient" little sister now sticky from a found popsicle.

That something about Mary... is called the heart and soul of Caring.

Health-E-NEWS

*For 92 years,
The Bellevue
Hospital has been
here for you.*

*We are your
nationally awarded,
recognized,
certified and
accredited hospital.*

**Keep your
healthcare
services with us -
so we may
continue to serve
you in the future.**

H1N1 Flu & You

The H1N1 Flu (formerly Swine Flu) is still around and may come back around even stronger in the fall. One problem with this flu is people have little, if any, natural immunity to it, and it's being spread person to person. Your best defense against the flu will be to use healthy habits and stop the spread of germs.



**The Bellevue
Hospital's
website has links
to some
helpful sites.**

**www.cdc.gov
www.pandemicflu.gov
www.who.int
www.hhs.gov**



Here are 4 ways to help prevent the spread of germs...



1. Wash your hands

- Use soap & water
- Scrub 20 seconds
- Dry with clean towel
- Use hand sanitizer if soap & water are not available

2. Cover your mouth & nose

- When coughing or sneezing
- Using a tissue or the inside of your elbow

3. Use healthy habits

- Get plenty of sleep
- Be physically active
- Manage stress
- Drink fluids
- Eat nutritiously

4. Stay home when sick

- Help prevent others from catching what you have



**Or Call:
1-800-CDC-INFO
for additional
information.**



*The Bellevue Hospital
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The Bellevue Hospital.*